

BELL TOWER

Life

A Newsletter to Celebrate the Spirit of the
Residents, Family and Staff of Bell Tower Residence

January 2019



A New Year Once More!

It is January 2019. Whether it was with cheers and drinks or if you silently slept as the clock read "12:00" one year has ended and a new one begun.

2019. What will it bring? I am really so fortunate every day to be part of Bell Tower Residence. As we go forward into 2019 this is what I believe about Bell Tower Residence:

"Now faith is confidence in what we hope for, assurance in what we do not see." (Hebrews 11:1). I have faith that for Bell Tower Residence 2019 will be a year that holds hope and promise.

"Write it on your heart that every day is the best day in the year." (Ralph Waldo Emerson). I believe that in 2019 every day at Bell Tower Residence will bring something good. Sometimes the days may not feel good; in fact there are times that we question why

things happen. I believe good will come out of every day even if we can't see it at the time.

"Kindness is the language which the deaf can hear and the blind can see." (Mark Twain). I have confidence that 2019 we will form friendships and relationships at Bell Tower Residence that will make us better people. We only need to be kind.

"The achievements of an organization are the results of the combined efforts of each individual." (Vince Lombardi). Bell Tower Residence is a special place because of each and every person here. Every resident, family member, staff person, Sister, volunteer brings something special to Bell Tower. Each life even those who have passed on or have left us has shaped us in some way. Our paths cross, our lives interact and we are different because of it. In 2019, I am confident Bell Tower Residence will be a place of joy as we continue our mission to promote the physical, mental and spiritual well-being of each resident in a safe and caring environment.

I hope and pray that for each of you 2019 is a year of health, peace and happiness.

Welcome 2019!

Kris



Kris McGarigle
Administrator





Resident Birthdays

January 4	Charlotte Peters
January 6	Halcy Kasmarek
January 13	Nancy Natzke
January 23	Cliff Maluegge
January 28	Ann Ravn
January 31	Betty Hulke

Resident Anniversaries

Lillian McGurn	4 years
Roger Ollhoff	3 years
Leroy Ott	2 years
Mike Springer	2 years
Pennie Beyea	1 year

Big Welcome To
Betty Hanson & Jim Ollhoff

Employee Birthdays

January 1	Regina Degner
January 1	Joe Geary
January 2	Santana Strand
January 8	Abby Smith
January 10	Theodore Hehling
January 21	Elizabeth Ossig
January 24	Chelsea Marcoux
January 25	Nelimi Jirschele
January 26	Makayla Becker
January 29	Janessa Hehling
January 31	Rachael St. George

Employee Anniversaries

Betty Reinke	21 years
Bev Vandervoort	16 years
Holly Burgener	7 years
Tammy Wessling	1 year

HAPPY
New Year

REJOICE IN THE LORD ALWAYS; AND AGAIN I SAY, REJOICE.

PHIL 4:4

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Hello & Welcome

Jasmine Albright is a Personal Care Worker. Jasmine previously lived in Texas and is working on her nursing degree. She has a German shepherd-husky mix named Sadie and a cat named Aurora. Jasmine enjoys spending time with family and friends.

Tim Bishop is a CNA. He is attending CVTC for Medical Lab Tech. Tim is married and has two sons. He enjoys science and anatomy.

Jackie Iannello is a Personal Care Worker. Jackie previously lived in Illinois, Rice Lake and currently resides in Merrill. She has two cats and one dog.

Elizabeth Ossig is a Dietary Aide. She has lived in Merrill her entire life. Elizabeth likes helping people. She enjoys listening to music and spending time with her friends.

Leigha Turner is a returning Personal Care Worker. She worked here for two years and has missed taking care of the residents. Leigha is excited to be back. She has a cat named Otis and enjoys skiing, hiking, traveling and boating.

Jazmane Williams is a Personal Care Worker. She lived in Chicago for 25 years. Jazmane is a new mother and has a six-month-old son. She loves helping seniors and is very happy to be here.



Jasmine Albright

Tim Bishop

Jackie Iannello

Elizabeth Ossig

Leigha Turner

Jazmane Williams



5 Record-Breaking Wisconsin Winter Weather Facts

By Deb Steinfest, Director of Sales and Marketing

1. Coldest Temperature

So far winter has been pretty mild. We've been lucky the mercury hasn't gone anywhere near the lowest temperature ever recorded in the state of Wisconsin: On Feb. 2, 1996, and two days later, the thermometer plunged to 55 below zero in the Sawyer County village of Couderay, *now that's cold!*

2. Heaviest 24-Hour Snowfall

According to the National Oceanic and Atmospheric Administration, the heaviest 24-hour snowfall in Wisconsin history occurred Dec. 26-27 in 1904 when 26 inches fell on Neillsville.

3. Deepest Snow

Living in Wisconsin we all know snow has a habit of piling up over the course of the winter. The deepest accumulation of snow on record in the Badger State was 83 inches! That's nearly 7 feet! Measured on April 3, 1933 in the Flambeau Reservoir of far northern Wisconsin.

4. Most Snow in a Season

Michigan's Upper Peninsula is known for its heavy snowfalls and the extreme weather sometimes spills over onto the Wisconsin side of the state line. Wisconsin's greatest seasonal total for snow was during the winter of 1996-97 in Hurley when 295.4 inches were measured. That's almost 25 feet!

5. Highest Winter Temperature

The warmest winter temperature in state history was recorded on Feb. 26, 2000 when it was a balmy 69 degrees in Afton, Beloit, and Broadhead, now we're talking. HAPPY WINTER!

Sources: Wisconsin State Climatology Office, State Climate Extremes Committee of the National Oceanic and Atmospheric Administration

Getting To Know

SALLY PERRODIN

By Deb Steinfest, Marketing

What an incredibly happy time I had visiting with Sally Perrodin. It brought back some very special memories I have of my dear sweet Gram-gram in heaven. I also got a new recipe for Sauerkraut!

Sally was born on September 9, 1921 in Medford, Wisconsin and grew up on the family farm. She had four brothers and four sisters, one sister passed away at childbirth. Sally has many happy memories of growing up on the farm. They had a big garden and everyone worked it. She remembers, *“Mother would make pickles in a big 20 gallon crock and were kept in the pub house. My brothers would always go in and grab a pickle for a snack. They were always so good!”* *“It was a happy childhood. My mother was an excellent cook, everything she made was good. She baked homemade bread twice a week for the family.”*

The family lived in an area where there were about 30 children in the community. It was a warm, friendly close-knit community. Sally said, *“Everyone would go to the dances at the grainery. The grainery had nice wood floors for dancing.”*

During our visit I was talking to Sally about my beautiful Gram-gram being a housekeeper and she remembers how her mother use to throw ashes in the scrub water to brighten up the wood floors.

Sally told me her favorite holiday was Christmas and she said, *“On Christmas Eve we would have herring and potato salad.”*

Sally and husband, Joe were neighbors and that’s how they first got acquainted and fell in love. They were married for 50 and a half years. They raised two wonderful sons, David and Larry. Sally told me, *“I am blessed to have such loving sons.”*

Sally had previously lived with son David before coming to Bell Tower. He became quite a good cook with the help of mom. But, he would tell Mom you should write that recipe down for me. Instead of writing the recipe down she told him, *“I’ll watch you until you get the knack of it!”* That’s how she learned to bake and cook from her mother.

This is the recipe Sally shared with me. She got the recipe when she was on a cruise after her husband had passed. At her dining table she had met a Captain who had cooked in the Navy and he shared his recipe of making Sauerkraut, course she always made dumplings to go with that!

Thank you Sally for a wonderful visit. I’m still smiling and can’t wait for the next visit!



RECIPE

INGREDIENTS:

- 1 quart canned Sauer kraut
- 1 apple
- 4 TB. Brown sugar
- Peel apple, cut in four. Place on bottom of pot. Place Sauerkraut on top. Add 4 TB. brown sugar. Add lots of water on top.
- Simmer slow.



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captured moments

2019

Happy New Year



Father Otto Bucher OFM Capuchin from Rib Lake, Wisconsin celebrating mass in the Holy Cross Chapel for the last time on December 1st.



LEFT: Virginia G. entertains with holiday favorites. ABOVE: Administrator Kris McGarigle receiving wonderful donation from Merrill Knights of Columbus. THANK YOU!

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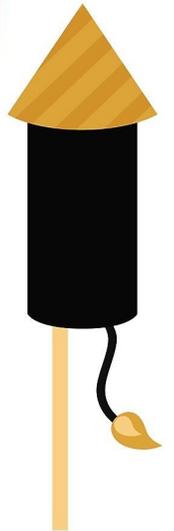
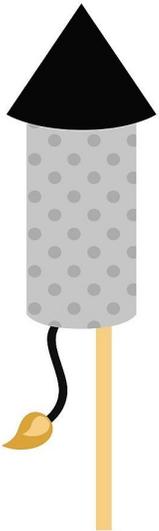
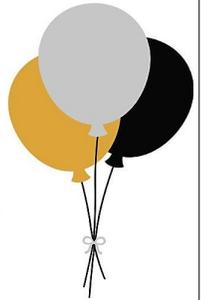
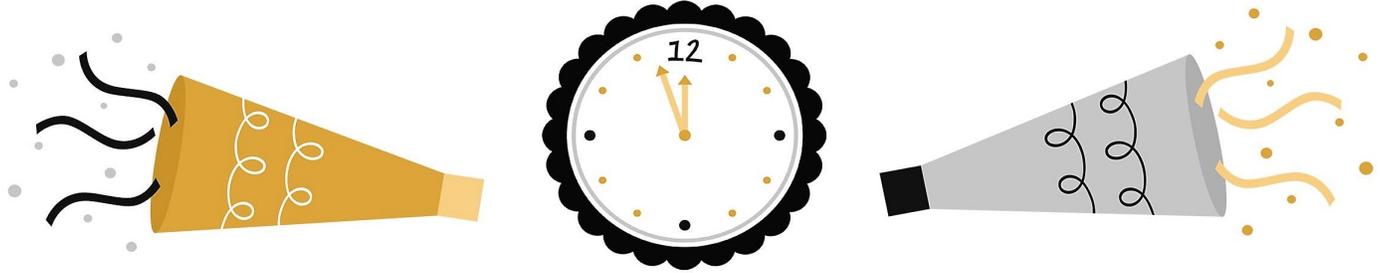


Residents, families and staff enjoying luminary filling, tree decorating and holiday fun!





HAPPY NEW YEAR!



W I H V V A X R N R Z G O A L S A Z Y F
 G R B K G Z T Y Z I Z Z J Q C O M P X B
 M D M B T B K T P X N S L T K C X X W T
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 R M Q G Q X Y B N O I S E M A K E R G F
 N A E N K V K T Y F H R R A Y R Y I A V

Countdown
 Confetti
 Midnight
 Balloons

Celebration
 Fireworks
 January
 Happy



New Year
 Clock
 Cheers
 Goals

Party Poppers
 Noisemaker
 Resolution
 Sparklers



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LET TODAY BE THE START OF *Something New*

By Ashley Hilgendorf, Life Enrichment Coordinator

Welcome to 2019! I hope everyone had a wonderful holiday season with family and friends. Many people think that starting off the New Year is a fresh start, and it is. Whether you want to accomplish a goal you've recently set, or have been putting one off for some time, this New Year is the perfect time to just jump in and get it done!

Most common New Year's resolutions are as follows:

Eat healthier	37%
Get more exercise	37%
Save (more) money	37%
Focus on self-care (e.g. get more sleep)	24%
Read more	18%
Make new friends	15%
Learn a new skill	15%
Get a (new) job	14%
Take up a new hobby	13%
I don't plan on making new year's resolutions	32%

On average a person's New Year's resolution often loses sight by about February. That's only one short month of trying to accomplish a laundry list of resolutions! Many people realize that they may have bitten off more than they could chew. That is the leading cause of why most New Year's resolutions fail.

Beginning this New Year we're in the midst of planning a large St. Patrick's Day Fundraiser event to raise funding for two special and unique offerings here at Bell Tower. First is the trishaw bike for the new Cycling Without Age program we hope to be kicking off this summer and the second is to help the cost for folks whose money has run out to still be able to live here at Bell Tower. One, if not both causes are near and dear to the hearts of many people who live, work and volunteer at Bell Tower.

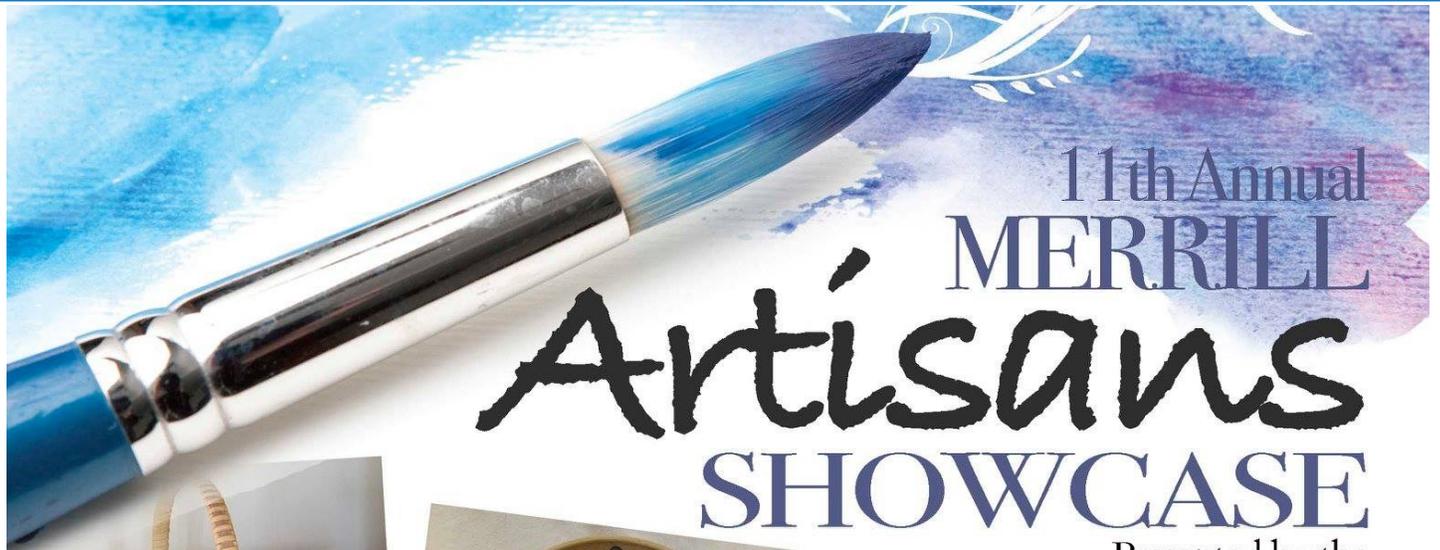
Whatever the New Year may bring you I hope it brings you exactly what you're looking for. Remember, "I hope that in this year to come you make mistakes. Because if you are making mistakes then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before and more importantly, you're doing something."

Written by Neil Gaiman.



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11th Annual
MERRILL

Artisans SHOWCASE

Presented by the
Board of Bell Tower Residence,
A Ministry of the Holy Cross Sisters

**Saturday
February 9**

Noon - 4:30pm

**Assisi Hall
at Bell Tower**

1500 O'Day Street • Merrill, WI

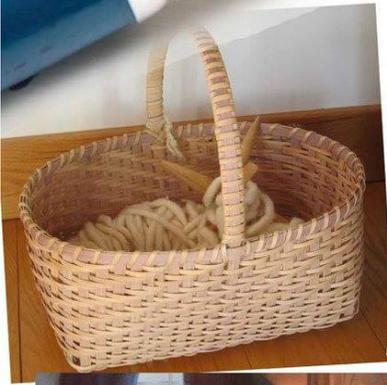
On-Site Raffle

Donated pieces by participating Artisans

Admission \$7

Enjoy live piano music with wine, cheese and appetizers.

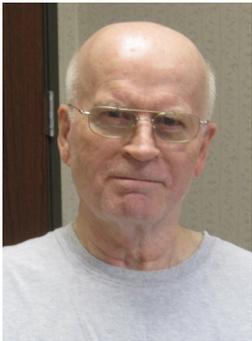
Art shown here by Artists: Rita Weichman, Ginni Cormack,
Matt Philleo, Jamie Kalvestran, Mary Robinson, Salve Regina Tschotchkes





THE **LORD** IS MY
shepherd
I HAVE EVERYTHING I NEED

PSALM 23



Darrell Chartier passed away on Sunday, December 2, 2018. Darrell had been a resident at Bell Tower since July of 2015. He was born on July 7, 1938. In May of 1973 Darrell and Judith Lee were united in marriage, a union that would last over 45 years. Darrell served in the U.S. Army. He was employed at Ward Paper Mill in Merrill until they went out of business at which time he worked at Timeline Vinyl until his retirement. Darrell enjoyed golfing, watching sports, walking and going on bike rides with his granddaughters. He enjoyed spending time with his family and friends. Funeral services were held on December 6th at St. John Lutheran Church.



Walter Meyer passed away on Thursday, December 13, 2018. Walter had been a resident at Bell Tower since October of 2018. He was born on October 4, 1940. Walter married the love of life Maxine on September 28, 1963. Their life together was 55 years of hard work, laughter, travel and deep love and admiration. Walter referred to her as his "forever Valentine". They had a son, Corey Michael. The family enjoyed many happy times camping, traveling, fishing and helping everyone in the neighborhood. He loved being a grandpa. His favorite people called him "Grandpa". He had a very deep love for his parents and sisters. After graduating from Rhinelander Union High School he played football for the Rhinelander Red Dogs. Walter retired from the Rhinelander Paper Company in 1998 after 39 years. He was a lifelong member of the American Motorcycle Association, United Paperworks International Union, Rhinelander Hodags 62 Club and longtime blood donor to the American Red Cross. A private family celebration of life will take place at a later date.

We extend our heartfelt prayers and support to the Chartier and Meyer families



A ministry of the Holy Cross Sisters

1500 O'Day Street
Merrill WI 54452
www.belltowerresidence.org



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My new year's wish for you.

May God grant you 12
months of Happiness,
52 weeks of Fun,
365 days of Success,
8760 hours of good health,
52600 minutes of Good
Luck, and **3153600**
seconds of joy.

Amen.

